

CV1

Good Neighbours Coventry Activity Guide

**Clubs and groups in
the CV1 area**

**City centre,
Hillfields, Spon End**



Building partnerships
Speaking out
Giving hope



Are you over 50?

These Activity Guides from Good Neighbours Coventry help you find social groups for you.

If you'd like a different guide:

- for another area in CV1-CV6,**
 - groups for men,**
 - groups for women,**
- groups for people living with dementia,**
- groups for people who've been bereaved,**
- or you need advice on the right group to suit you -
get in touch.**

Activity details change all the time, so contact the groups before attending. If you find an error, let us know.

**Good Neighbours Coventry was set up by the charity
HOPE Coventry in 2016. If you're interested in our
befriending project, get in touch:**

Email: goodneighbours@hopecoventry.org.uk

Phone: 07563 902904

hopecoventry.org.uk

Guide revised October 2025

Central Coventry

Warwick Road Church Centre (URC)

10 Warwick Row, CV1 1EX

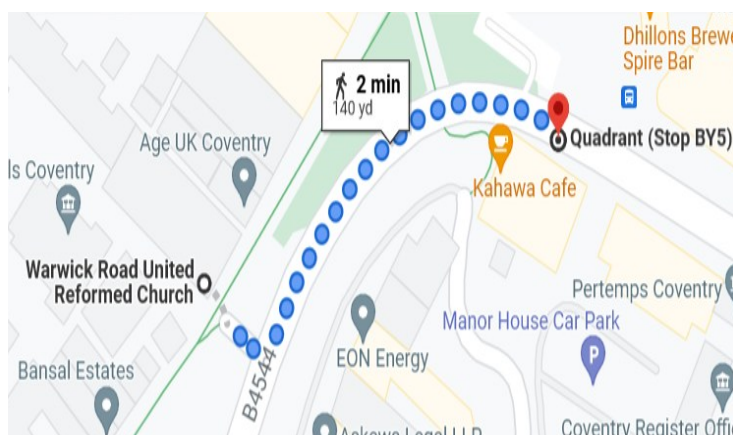
Phone: 024 7622 0299

Email: office@wrurc.co.uk

| Title | Day and Time | Cost | Key |
|---|--|-------|--|
| Reading Group | 3rd Thursday of month, 10:30am - 12pm | £1-£3 |  |
| Over 60s Exercise Class | Friday 10:15am - 11:15am | £1-£3 |  |
| EXTEND provides friendly exercise to music for older adults and those who are less able. | | | |
| Friendship Group for over 65s | Mondays 12pm-2pm (not Bank Holidays) | £2 | |
| Age UK Coventry's friendship group. Meets in the café area. Small friendly chat group - just turn up. | | | |

**Bus Routes: 17 / 17A /
19 / 21 / 24 / 25 / 25A /
U12**

Bus Stop: Quadrant




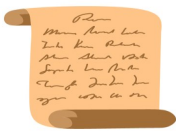
Central Coventry

Warwick Road Church Centre (URC)

10 Warwick Row, CV1 1EX

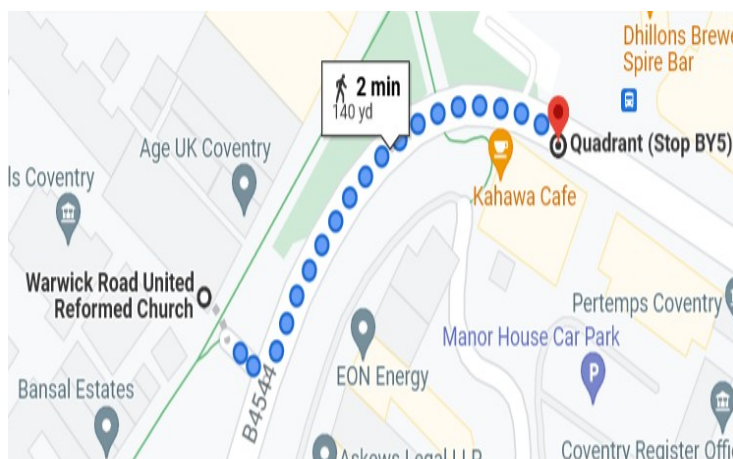
Phone: 024 7622 0299

Email: office@wrurc.co.uk

| Title | Day and Time | Cost | Key |
|--|---|---------------|---|
| Art Class | Mondays & Tuesdays 7pm - 9pm | £60 / term |  |
| Varied taught life drawing & portrait art classes. Booking is essential, 5 week blocks, 10 hours. Call Tanya: 02476 673 179. | | | |
| Open Doors Café | Tuesday, Wednesday & Friday, 10am - 1:30pm | £4 | |
| Pre-booking is advised. Lunch served at 12pm | | | |
| Poetry Cafe | First Thursday of month 2:30pm | £1-£3 |  |
| Varied poems on a monthly theme, shared in a friendly group. | | | |

**Bus Routes: 17 / 17A /
19 / 21 / 24 / 25 / 25A /
U12**

Bus Stop: Quadrant



Central Coventry

Coventry Cathedral (new Cathedral)

11 Priory Row, CV1 5EX

Phone: 024 7652 1200

www.coventrycathedral.org.uk

| Title | Day and Time | Cost | Key |
|---|--|------|---|
| Coffee & Chat | 3rd or 4th Wednesdays of the month 10am - 12pm Contact venue to check | Free |  |
| Hot drinks & meet new people in a beautiful building each month. Everyone is welcome. | | | |

Bus Routes:

All Coventry buses

Bus Stop:

**Pool Meadow Bus
Station**



Central Coventry




Central Hall

Warwick Lane

CV1 2HA

Phone: 024 7622 3564

Email: info@centralhall.info

| Title | Day and Time | Cost | Key |
|---------------------------|---------------------------------------|------|---|
| Salsa Beginners | Tuesday 6:45pm - 7:45pm | Free |  |
| Social Craft Group | 3rd Monday of the Month 2pm - 4pm | Free |  |
| Creative Café Workshop | Wednesday term time only 2pm - 4pm | Free |  |

Bus Routes: 17 / 17A /
19 21 / 24 / 25 / 25A /
U12

Bus Stop: Quadrant



Central Coventry

Central Hall

Warwick Lane

CV1 2HA

Phone: 024 7622 3564

Email: info@centralhall.info

| Title | Day and Time | Cost | Key |
|--|--|------|---|
| Tai Chi Teaching Gu style and other style Tai Chi for all fitness levels. | Wednesdays 2:30pm - 4pm & Saturdays 10am -12pm | Free |  |
| Open to English and Chinese speakers. To join call 07714 369071 | | | |

Bus Routes: **17 / 17A / 19**
21 / 24 / 25 / 25A / U12

Bus Stop: Quadrant

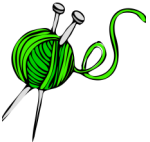


Central Coventry

Golden Cross Pub

8 Hay Lane, CV1 5RF

Phone: 024 7655 1855

| Title | Day and Time | Cost | Key |
|--|---|------|--|
| Social Knitting Group | 1st Wednesday of each month, 7pm - 9pm | Free |  |
| A friendly small group who bond over knitting, crochet and crafts. New members are always welcome. Just turn up, or contact the group leader on 07765 060 991. | | | |

Bus Routes: 11 / 12X /
24 / 25 / 25A / U12 / X30

Bus Stop:
Magistrates Court



Central Coventry

Belgrade Theatre

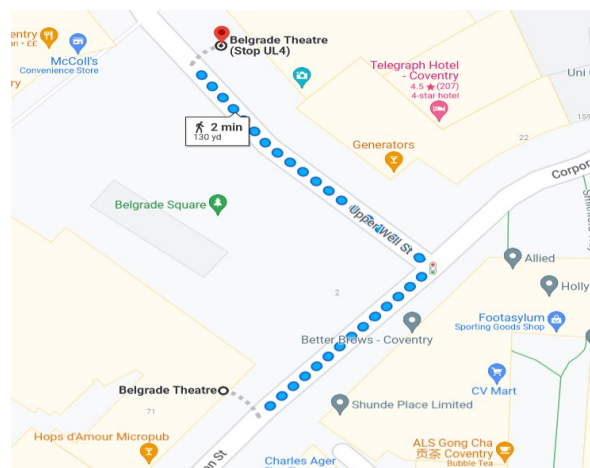
Belgrade Square CV1 1GS

Phone: 024 7655 3055

| Title | Day and Time | Cost | Key |
|--|--|------|---|
| Belgrade Crafternooners | Monday 1pm - 3pm | free |  |
| Small friendly group for chat and crafting. Bring your own crafts (mainly knit & crochet, but other non-messy crafts welcome). Meets upstairs on the foyer balcony. | | | |
| Bereavement Cafe - Surviving Bereavement | Last Friday of the month 11am - 12pm | |  |
| Held in the Burbidge Gallery inside The Belgrade Theatre. Contact Tracey - 07918 191560 www.survivingbereavement.com/bereavement-cafes/ | | | |

Bus Routes: **5 / 5A / 7 / 7A / 7B / 8 / 13 / 13A / 16 / 42 / 57 / 735 / X20**

Bus Stop: Belgrade Theatre (UL4)



Central Coventry

Belgrade Theatre

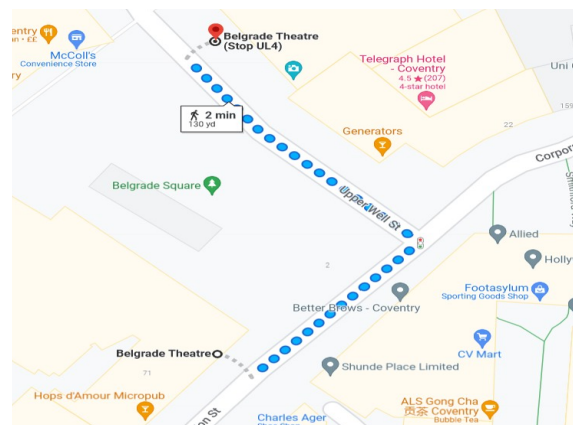
Belgrade Square, CV1 1GS

Phone: 024 7655 3055

| Title | Day and Time | Cost | Key |
|---|-------------------------------|---------------------|-----|
| Over 60s Arts & Health Group | Mondays 1.30pm - 3.30pm | £100 per term | |
| Explore self-expression through drama. Professionally led. Booking via Box Office essential. Additional performance group for over 60s on Monday mornings. | | | |
| Theatre & Cinema Appreciation | 3rd Tuesday of month, 10:30am | Yearly Subscription | |
| Part of Coventry U3A older people's group. A coffee morning in the foyer to make friends. All welcome! At the group, you will find people to go to theatre trips or to the cinema with. Contact Joyce: 02476 411359. coventry.u3asite.uk/u3a_groups/theatre/ | | | |

Bus Routes: 5 / 5A / 7 / 7A / 7B / 8 / 13 / 13A / 16 / 42 / 57 / 735 / X20

Stop: Belgrade Theatre




Central Coventry

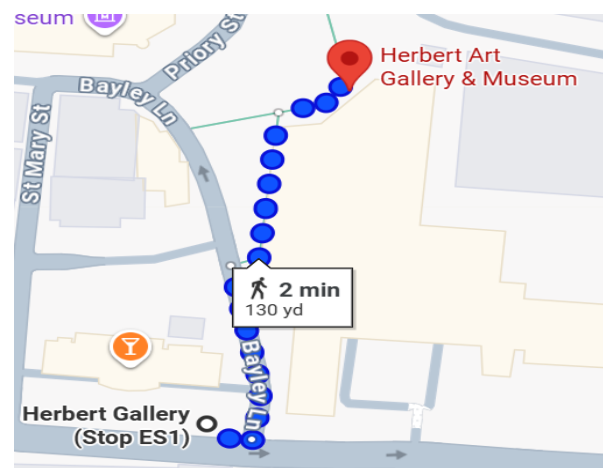
Herbert Gallery

Jordan Well , CV1 5QP

Phone: 024 7623 7521

| Title | Day and Time | Cost | Key |
|--|---|------|---|
| Create and Craft | First Tuesday of the month 10:30am - 12pm | £5 |  |
| Designed for people aged 60+ (all welcome). They provide craft resources and support to teach new skills, or bring your own craft projects to share. | | | |

Bus Routes: **11** /
12X / **24** / **25** / 25A /
87 / 87A / **X30**
Bus Stop: Herbert



Central Coventry

Coventry Central Library

Smithford Way, CV1 1FY

Phone: 024 7683 2314

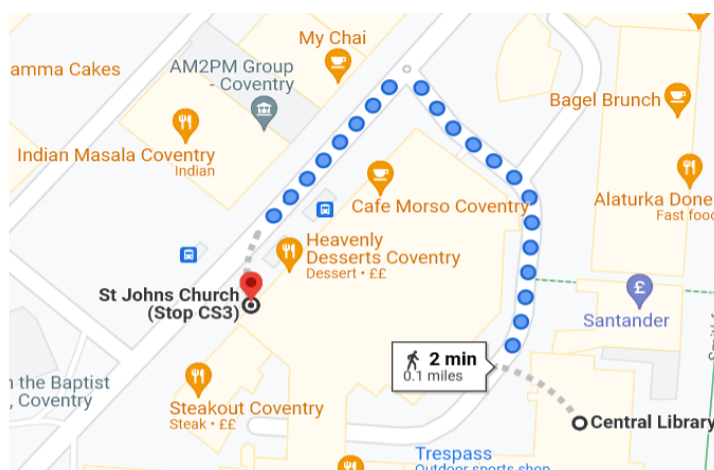
| Title | Day and Time | Cost | Key |
|----------------------|---|------|---|
| Film Discussion Club | 1st Sunday of month 12:30 pm -1:30pm | Free |  |
| Reading Group | 3rd Wednesday of month 12:30pm –2pm | Free |  |
| Writers Hub | 2nd & 4th Saturday of month, 10am-12pm | Free |  |

Bus Routes: **1 / 2 / 6 /**

9 14 / 17 / 18 / 19 / 21

87 / X17 / X18

Bus Stop: St Johns Church



Central Coventry

Coventry Central Library

Smithford Way, CV1 1FY

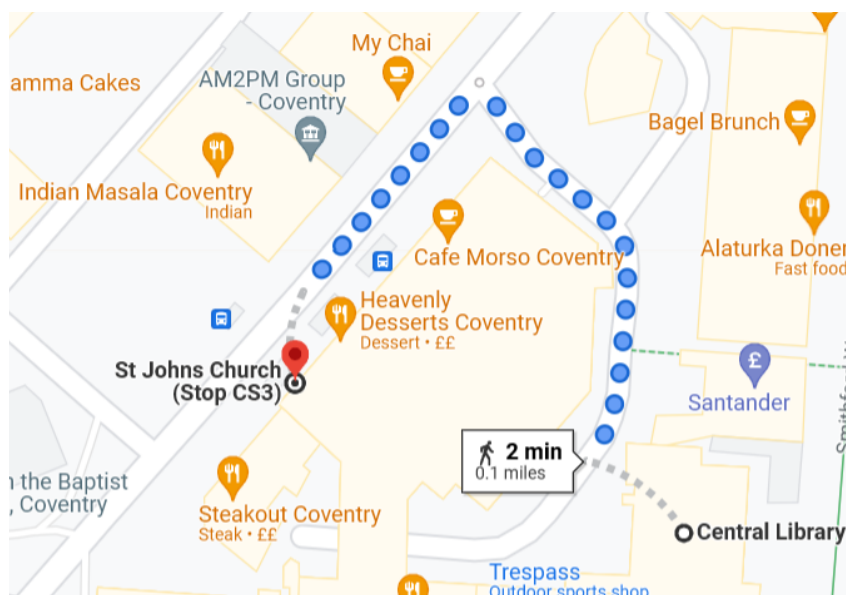
Phone: 024 7683 2314

| Title | Day and Time | Cost | Key |
|--|--|------|---|
| Woolly Wednesdays Knit, Crochet & Natter | Fortnightly Wednesdays 11:15am - 12:30pm | Free |  |
| Creative Kindness | Thursday 10:30am - 12:30pm Saturday 1pm - 3pm (younger group) | Free |  |
| Come and take part in easy crafts, have company and spread some kindness. All abilities welcome. | | | |

Bus Routes: **1 / 2 /**
6 / 9 14 / 17 / 18 /
19 / 21

87 / X17 / X18

Bus Stop: St Johns
Church



Central Coventry

Coventry Central Library

Smithford Way, CV1 1FY

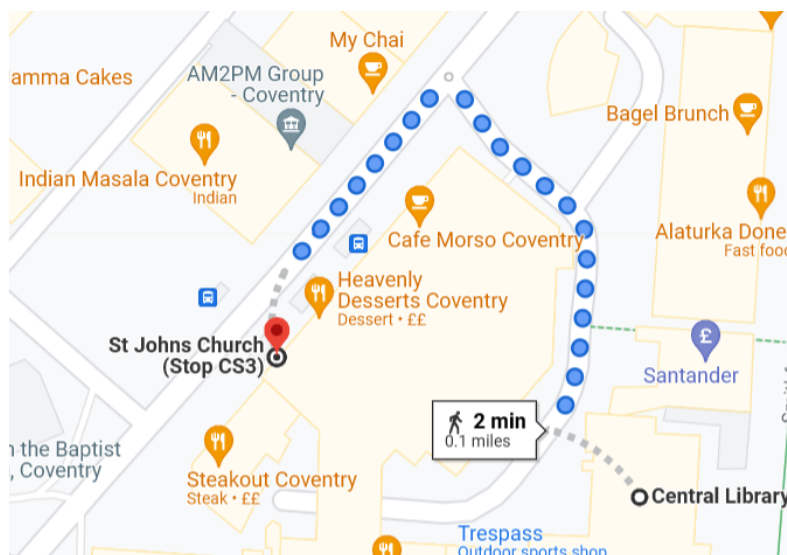
Phone: 024 7683 2314

| Title | Day and Time | Cost | Key |
|---|-----------------------------------|------|---|
| Knit & Crochet craft group | Thursdays 1:30pm - 3:30pm | Free |  |
| For experienced knitters/crocheters. | | | |
| Chess Group | Mondays & Wednesdays 2pm - 5pm | Free |  |
| Very popular chess group. | | | |
| Board Games club | Fridays 3pm - 6pm | Free |  |
| All ages welcome. Bring your own or play with club's stock. | | | |

**Bus Routes: 1 / 2 / 6 /
9 14 / 17 / 18 / 19 / 21**

87 / X17 / X18

**Bus Stop: St Johns
Church**





Central Coventry

Coventry Central Library

Smithford Way, CV1 1FY

Phone: 024 7683 2314

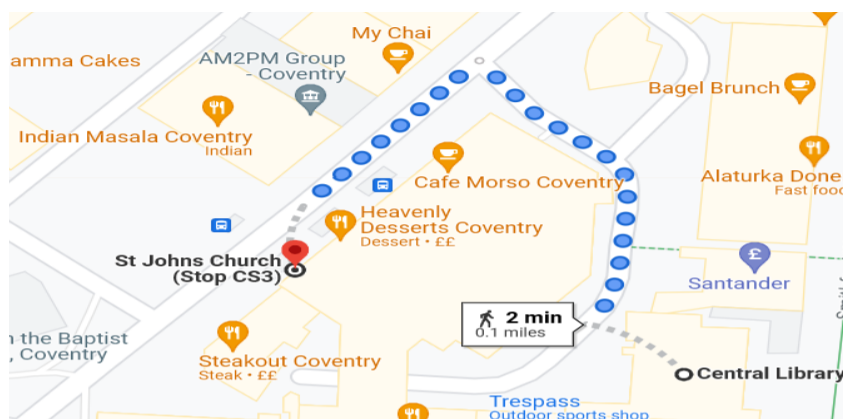
| Title | Day and Time | Cost | Key |
|--|------------------------------------|------|---|
| Gardening Group | 1st Friday of month 11am - 12pm | free |  |
| Connect with fellow garden enthusiasts. All abilities. | | | |

| | | | |
|--|--|-------------|---|
| Classical Music Enjoyment | Fortnightly Mondays 10:30am - 12:30pm | Yearly subs |  |
| Upstairs Meeting room in the library. Run by Coventry U3A older people's group: www.coventry.u3asite.uk | | | |

Bus Routes: **1 / 2 / 6 / 9 14 / 17 / 18 / 19 / 21**

87 / X17 / X18

Bus Stop: St Johns Church



Central Coventry

Coventry Irish Society

2nd Floor, Eaton House, Eaton Road (by
Coventry train station), CV1 2FJ

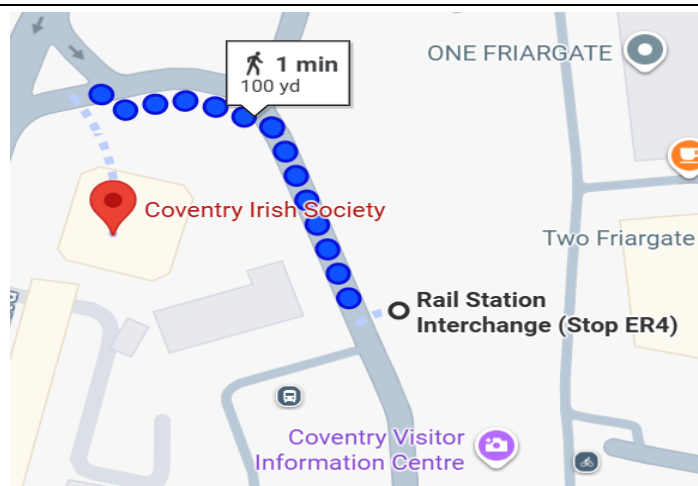
Phone: 024 7625 6629

www.coventryirishsociety.com

| Title | Day and Time | Cost | Key |
|--|-----------------------|---------|---|
| Claddagh Group Lunch club | Tuesday 12pm - 2pm | £2 |  |
| Friday Friendship Group lunch club | Friday 12pm - 2pm | £1 - £3 |  |
| Both lunch groups offer weekly talks, games and food for elders of Irish Heritage. | | | |
| Betty's Friends Dementia club | Monday 12pm - 2pm | £1 - £3 | |
| A friendly Irish Heritage group with reminiscence for those living with or supporting those with early memory loss. Booking essential. | | | |

Bus Routes: 7 / 7A / 8 /
8A / 9 / 9A / 13 / 13A / 19 /
24 / 25 / X30

Bus Stop: Eaton Road




Central Coventry

Arty-Folks

1st Floor, Eaton House, Eaton Road (by Coventry train station), CV1 2FJ

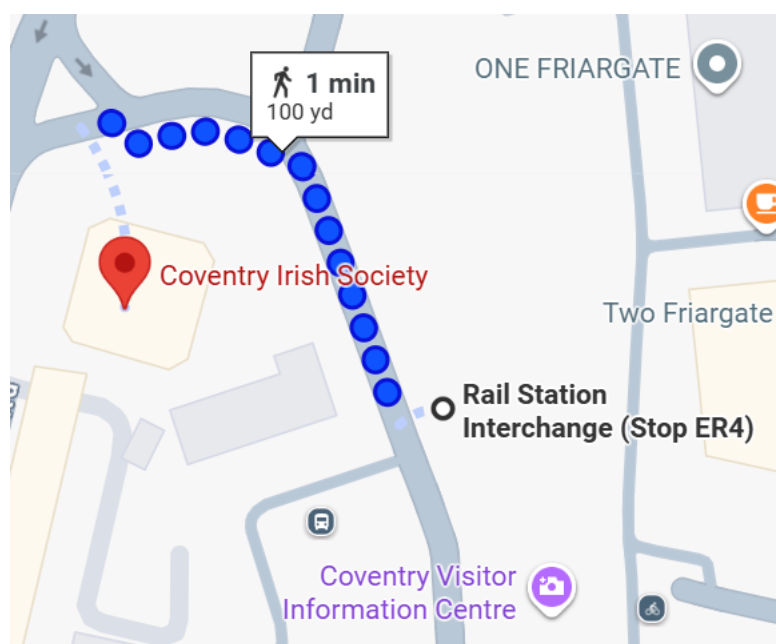
Phone: 024 7641 4740 or 07443 643 634

Email: info@arty-folks.org.uk

| Title | Day and Time | Cost | Key |
|--|---------------------|------|--|
| Arty-Folks for wellbeing | Monday 1pm - 3pm | Free |  |
| Arty-Folks support adults of working age (16-67) with mental health challenges through supported art projects. Booking essential. Various courses on offer. | | | |

Bus Routes: 7 / 7A /
8 / 8A / 9 / 9A / 13 /
13A / 19 / 24 / 25 /
X30

Bus Stop: Eaton Road



Central Coventry

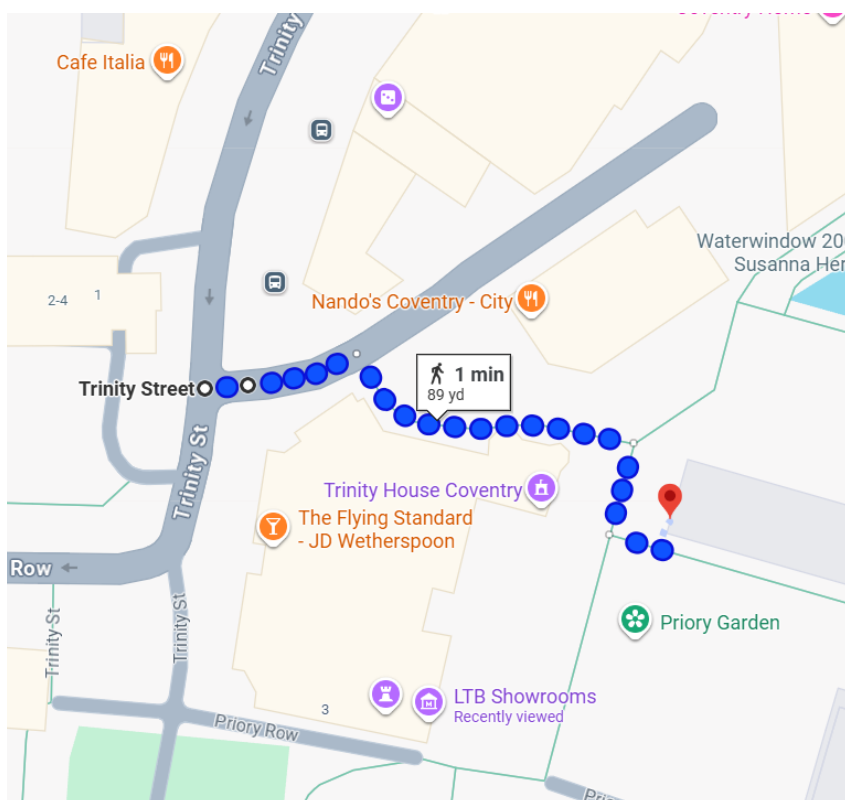
LTB Priory Visitors Centre Coventry

6 Priory Row, CV1 5EX

| Title | Day and Time | Cost | Key |
|--|-----------------------|---------|--|
| Sketch book and drawing group | Saturday 1pm - 3pm | £1 - £3 |  |
| This is a no tuition meeting of artists, drawing on your own projects. Small fee to cover room hire. Contact Sarah on 07976 897002 or email: sarahruthhedley@gmail.com | | | |

**Bus Routes: 3 /
20 / 20A**

**Bus Stop: Trinity
Street (Stop TS4)**



Central Coventry

Coventry Caribbean Centre

159 Spon St ,CV1 3BB

Phone: 07447 648514

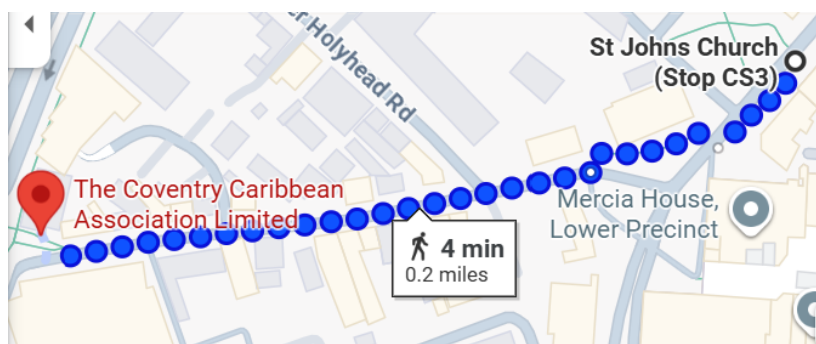
www.coventrycaribbean.co.uk

| Title | Day and Time | Cost | Key |
|---|-----------------------------|------|---|
| Exercise Class for Over 60s | Monday 10.30am - 11.30am | £5 |  |
| Aimed at Black elders. Can be chair-based. Relaxed & friendly. | | | |
| Man Kind Black Men's Group | Friday 2pm– 4pm | Free |  |
| Friday Social | Friday 10.30am - 1.30pm | £3 |  |
| Groups aimed at Black Elders - socialise in a relaxed atmosphere. Knit, board games, TV, dominoes, music. | | | |

**Bus Routes: 6 / 6A / 9 /
14 / 14A / 17 / 17A /
18 / 18A / 51 / X18 /
X18A / 21 / 87 / 188**

Bus Stop:

St Johns Church Corporation Street



Central Coventry

Oddfellows House

2 Queen Victoria Road, CV1 3JH

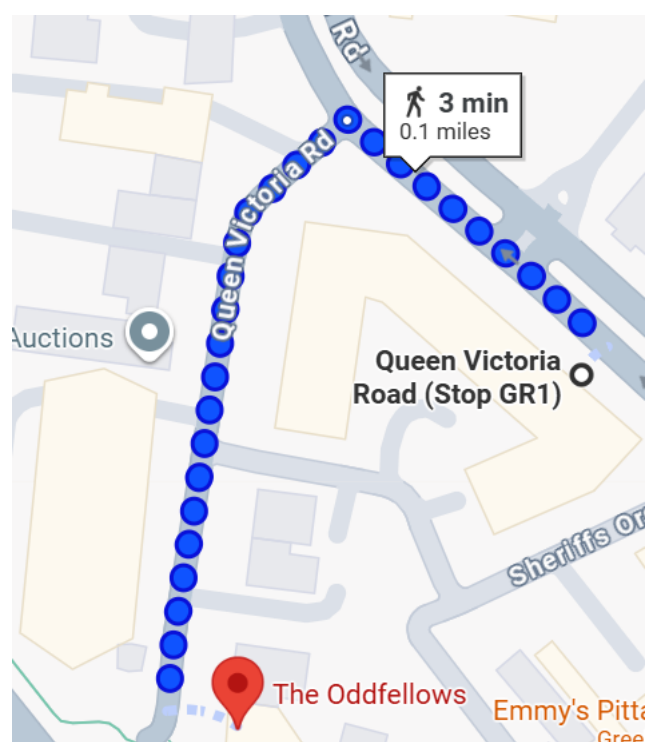
Phone: 024 7663 2900

www.oddfellows.co.uk

| Title | Day and Time | Cost | Key |
|--|----------------|------|--|
| Coffee Club | Monday 11am | |  |
| Find friendship, social events and extra support at your local Oddfellows. | | | |

**Bus Routes: 17 / 21 /
21A / X18**

**Bus Stop: Queen Victoria
Road (Stop GR1)**



Central Coventry

Queens Road Baptist Church

Grosvenor Road, CV1 3EG

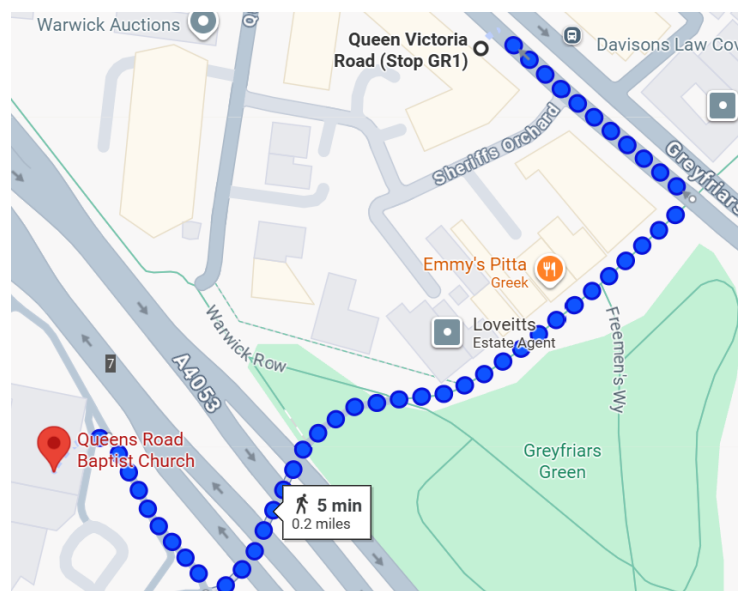
Phone: 07708510144

Website: www.qrbc.co.uk

| Title | Day and Time | Cost | Key |
|---|--|------|---|
| Singing for the Brain | 1st Monday of the month 10:30am - 12pm 2nd Monday of the month 1pm - 2:30pm | |  |
| Group for people living with dementia and their carers. Booking essential. The group is hosted by skilled, compassionate group leaders. You don't need to be a good singer to benefit! | | | |

Bus Routes: **17 / 21 / 21A / X18**

Bus Stop: Queen Victoria Road (Stop GR1)



Central Coventry

Salvation Army

Upper Well Street City Centre, CV1 5RR

Phone: 02476 552183

Email: Gemma.Potter@SalvationArmy.org.uk

| Title | Day and Time | Cost | Key |
|---|--|------------|---|
| Monday Free Time - games & chat | Mondays fortnightly 10am-12pm | Free |  |
| CAMEO | Monday 1:15pm - 2:15pm | £1 - £3 |  |
| Socialising alongside some Christian content. | | | |
| Knitting group | Tuesdays 10am - 12pm | Free |  |
| Pilates (with Sam) | Fridays 10:15am - 11:15am or 11:30am - 12:30pm | £5 |  |

Bus Routes: **5 / 5A / 7 /**
7A / 7B / 8 / 13 / 13A /
42 / 57 / 735 / X20

Bus Stop:

Belgrade Theatre





Central Coventry

Salvation Army

Upper Well Street City Centre, CV1 5RR

Phone: 02476 552183

Email: Gemma.Potter@SalvationArmy.org.uk

| Title | Day and Time | Cost | Key |
|--|--|------|---|
| Keep Fit (with Lain) | Mondays, Weds & Fridays 11:30am - 12:30pm | £5 |  |
| Dance Fit | Tuesdays 1:45pm - 3pm | Free |  |
| Dance to Christian music, following a set of routines on a video. Meets from 1.45pm for a drink and the dance runs from 2pm until 3pm. | | | |

Bus Routes: **5 / 5A / 7 / 7A / 7B / 8 / 13 / 13A / 42 / 57 / 735 / X20**

Bus Stop:
Belgrade Theatre



Central Coventry

St John the Baptist Church

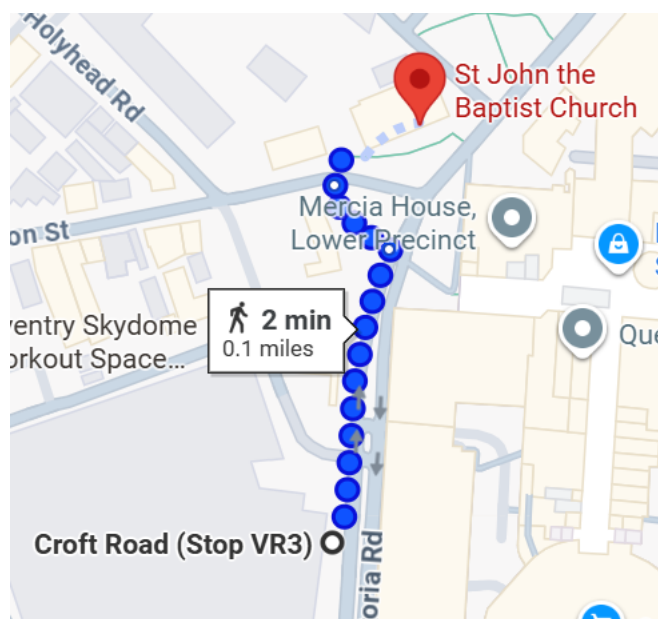
Fleet Street, CV1 3AY

Phone: 024 7671 1687

| Title | Day and Time | Cost | Key |
|--------------------------|---|------|---|
| Saturday Morning Cafe | Saturday 10am - 12pm | |  |
| Afternoon Board Games | Saturdays 2:30pm - 5pm, fortnightly in church hall behind | |  |

**Bus Routes: 17A / X18 /
X17 / 21**

**Bus Stop: Croft Road
(Stop VR3)**




Central Coventry

Town Wall Tavern

Bond Street

CV1 4AH

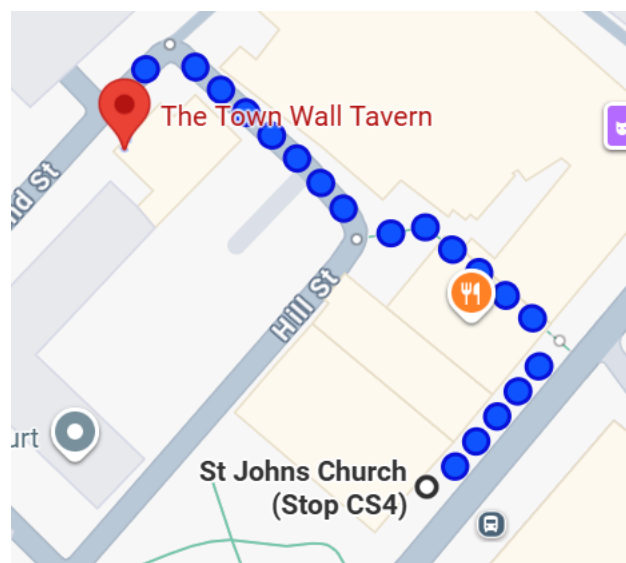
Phone: 024 7509 9578

| Title | Day and Time | Cost | Key |
|--|---------------|------|--|
| Bingo | Monday 7pm | |  |
| Ticket sales begin 7pm for a 7.30pm start. Popular, busy group. Recommend arriving early. | | | |

Bus Routes:

6 / 6A / 9 / 14 / 14A / 17 /
17A / 18 / 18A / 51 / X18 /
X18A / 21 / 21A / 21S / 87 /
188

Bus Stop: St Johns Church
(Stop CS4)




Canal Basin

Harp Place, 2 Sandy Lane

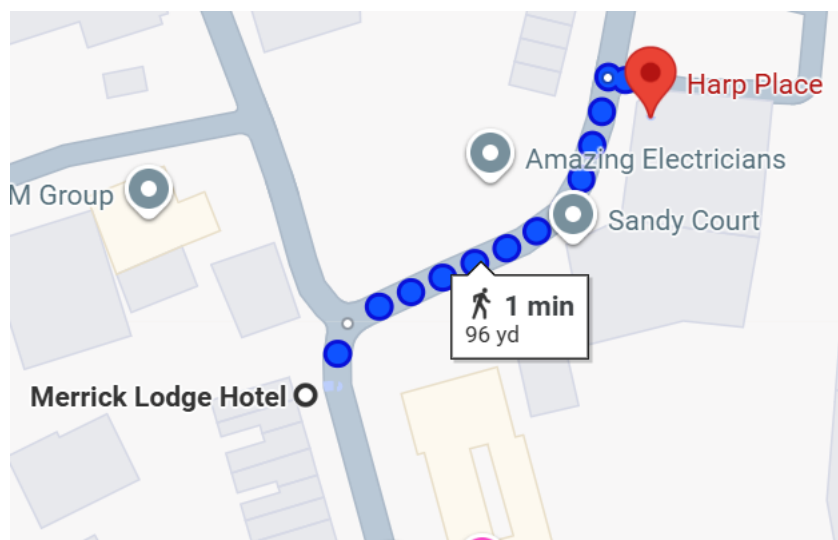
CV1 4DX

Phone: 02476 555 222

| Title | Day and Time | Cost | Key |
|--|---------------------------------------|-----------|--|
| Sewa Shakti Asian elders group | Wednesday 10am - 2pm | £4 |  |
| Group speaks Gujarati, Punjabi, Urdu, Hindi & English Chat, play bingo and bowls, yoga & lunch included. WM On Demand bus can organise transport. | | | |

Bus Routes: 15

Bus Stop: Merrick
Lodge Hotel, St
Nicholas Street



Charterhouse

St Anne's Church, Acacia Avenue
CV1 2AN

Phone: 02476 267 919

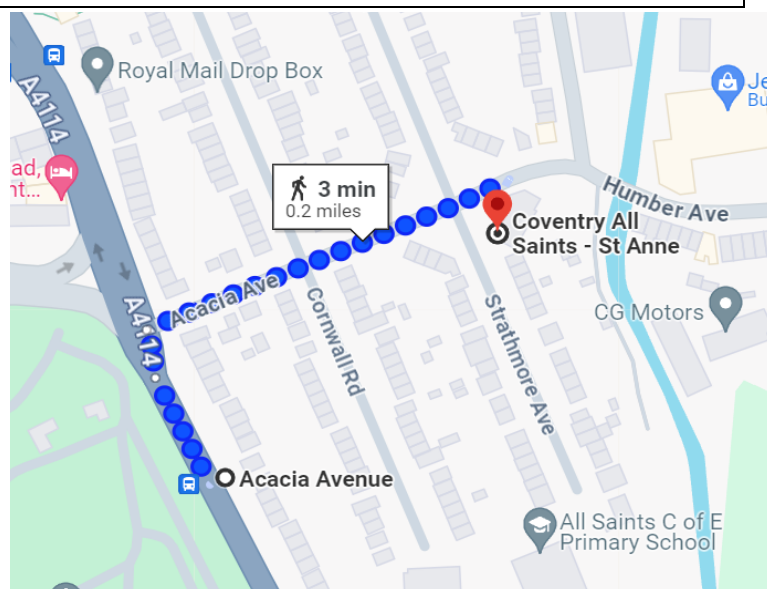
www.coventryallsaints.uk

| Title | Day and Time | Cost | Key |
|--|---|------|---|
| Seniors Social | 1st and 3rd Wednesday of the month 2pm - 3:30pm | |  |
| A friendly group for retired people, everyone is welcome for tea and chat. | | | |

Bus Routes: **X18**

Bus Stop:

Acacia Ave



Hillfields

Hillfields Church

Waterloo Street site, CV1 5JS

Phone: 07899 086 039 / 07853 207 404

Email: ursulaberry@yahoo.co.uk

hillfields.church/whats-on/over-50ish/

| Title | Day and Time | Cost | Key |
|--------------------------------------|--|------|---|
| Lunch Club for over 50s | Monday fortnightly 12:30pm - 2:30pm | £3 |  |
| Friday Rendezvous | 2nd Friday of Month 11am - 1pm | Free |  |
| Quizzes, talks & games for over 50s. | | | |

Bus Routes: 3 / 7 / 8 / 9 /
11 / 13 / 14 / 24 / 25 / 74 /
85 / 735 / U12 / X6 / X30

Bus Stop:

Fairfax Street




Hillfields

Mosaic Hillfields

(Formerly: Hope Centre)

Vauxhall Street, CV1 5LF

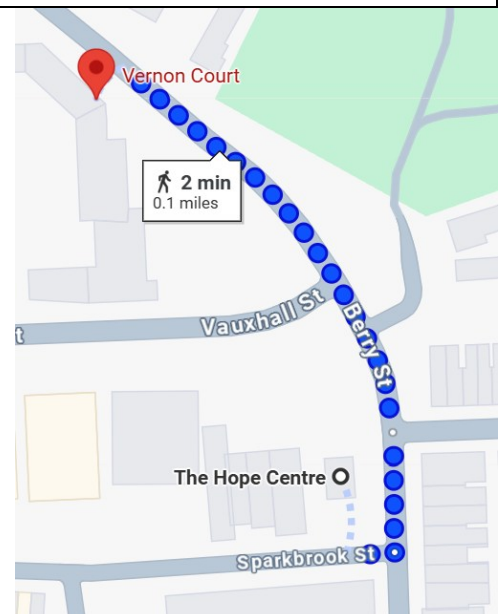
Phone: 02476 433977

| Title | Day and Time | Cost | Key |
|--|--------------------------|------|---|
| Grounded Men's group | Thursday 11:30am –1pm | Free |  |
| A safe and supportive place for men of all ages, backgrounds and situations to come along. | | | |

Bus Routes: **17 / 17A**

Bus Stop:

Vernon Court




Hillfields

Hillfields Church

Lower Ford Street site

CV1 5QJ

Phone: 07853 207404

| Title | Day and Time | Cost | Key |
|-----------|---------------------------------------|------|---|
| Link Café | Monday - Thursday 9:30am - 12:30pm | |  |

Bus Routes: 3 / 3S / 7 /
8 / 8B / 9 / 9B / 11 / 12X /
13 / 24 / 25 / 74 / 74A /
74S / 85 / 85A / 85B /
85H / 85S / 735 / U12 /
X6 / X30

Bus Stop: Fairfax St /
Sport Centre (Stop FX1)



Hillfields


St Peter's

Charles Street

CV1 5NP

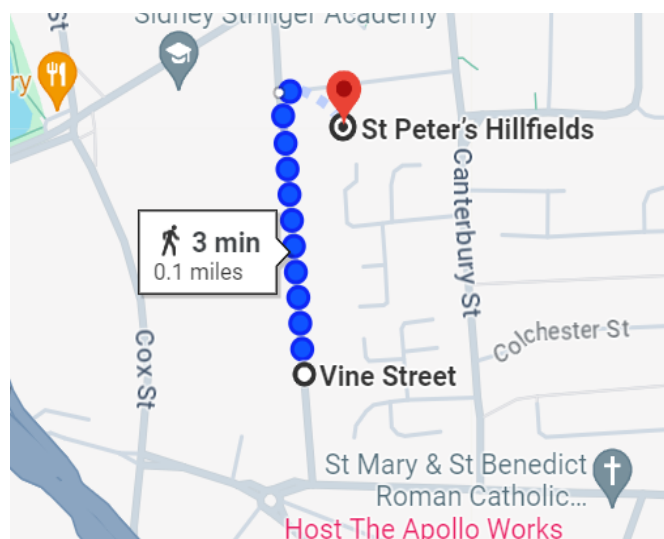
Phone: 02476 663 2877

Email: info@stpetershillfields.org

| Title | Day and Time | Cost | Key |
|---|-------------------|------|---|
| Community Lunch | Wednesdays 1pm | Free |  |
| Free meal and social time together. Hot lunches in a friendly and welcoming atmosphere. Tasty & nutritious vegetarian dishes such as soups and salads, pasta bakes, stews, curries, pastries and fruit crumble. | | | |

Bus Routes: [17](#) / [17A](#)

Bus Stop: Vine Street



Spon End

Oasis Community Hub & Cafe

Bethel Church CV1 3HB

Phone: 02476 256 874

www.facebook.com/OasisSpondEnd

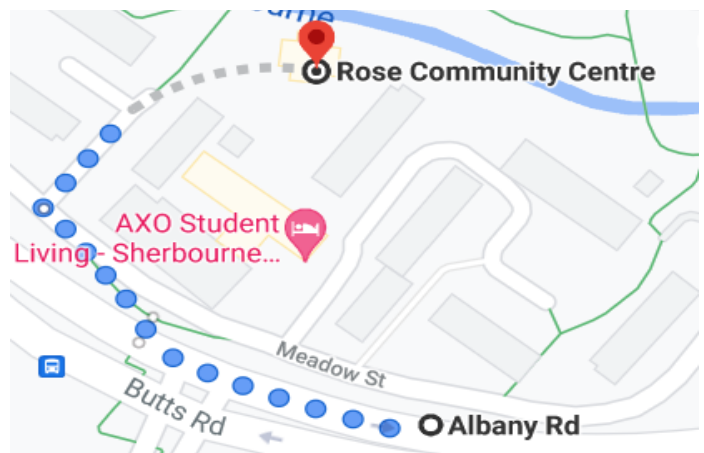
| Title | Day and Time | Cost | Key |
|--|-------------------------------|------|---|
| Art Club | Tuesday 10am - 12pm | |  |
| Crochet Club | Wednesday 10am - 12pm | Free |  |
| Creative Kindness | Thursday 10:30am - 12:30pm | Free |  |
| Come and take part in easy crafts, have company and spread some kindness. All abilities welcome. | | | |

Bus Routes:

1 / 2 / 6 / 6A / 14 /

18 / 18A

Bus Stop: Albany Road




Spon End

Coventry Men's Shed at Rose Community Centre

Hope Street CV1 3LH

Phone: 07401 955367

Email: coventrymensshed@gmx.co.uk

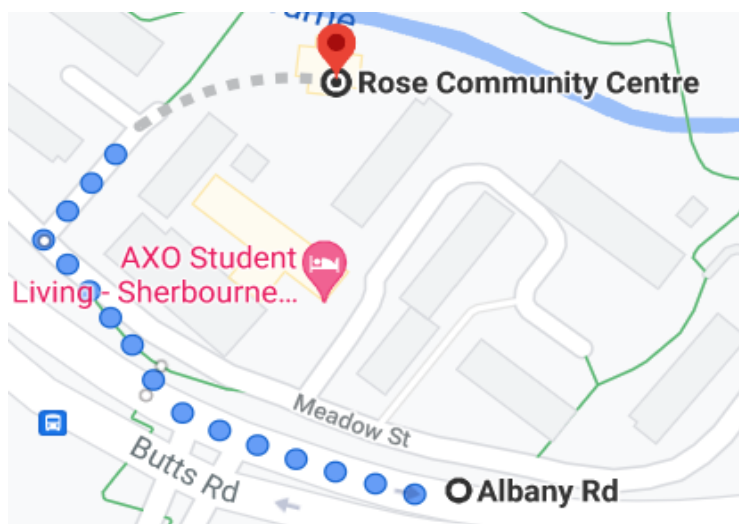
| Title | Day and Time | Cost | Key |
|--|-------------------|------|---|
| Men's Shed 30yrs+ | Tuesdays 3-5pm | £3 |  |
| <p>Most men build plastic model kits but you're welcome to bring along any building or craft project. Come build and chat with other men.</p> <p>Sometimes the group have local trips out too.</p> | | | |

Bus Routes:

2 / 6 / 6A / 14 /

18 / 18A

Bus Stop: Albany
Road



Spon End

Wellbeing Hub (by Mind)

Wellington Gardens, Windsor St CV1 3BT

Phone: 02476 017211

cwwmind.org.uk/wfc/coventry-wellbeing-hub

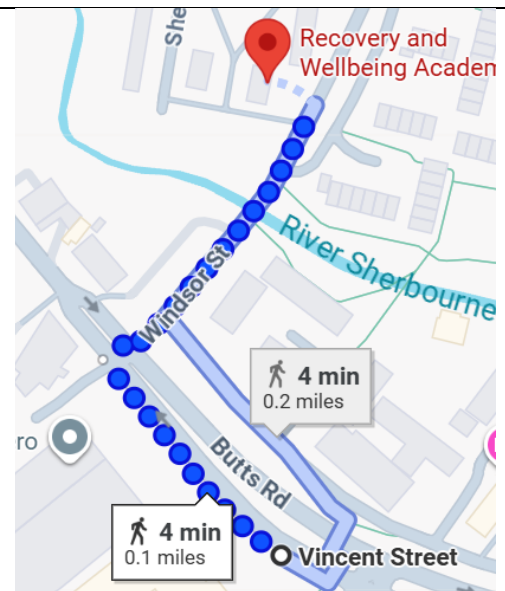
| Title | Day and Time | Cost | Key |
|---|--|------|---|
| Wellbeing drop-in activities | Monday – Saturday, 1pm – 5pm | Free |  |
| Just turn up for board games, art, gardening, pool, writing, mindfulness, bingo, baking & more. Age 18+ | | | |
| Safe Haven | Daily 6pm-11pm | Free |  |
| Drop-in 1:1 & group activities. Safe space to connect with others. | | | |
| LGBT+ wellbeing support group | Monthly Saturdays 10:30am - 12:30pm | Free |  |
| 1:1 support, group socials & workshops for LGBT+ adults. | | | |

Bus Routes:

2A / 4 / 4A / 6 / 10 / 6A /

14 / 18 / 18A / 247 / 188

Bus Stop: Vincent Street



Spon End

Unitarian Church & Great Meeting House

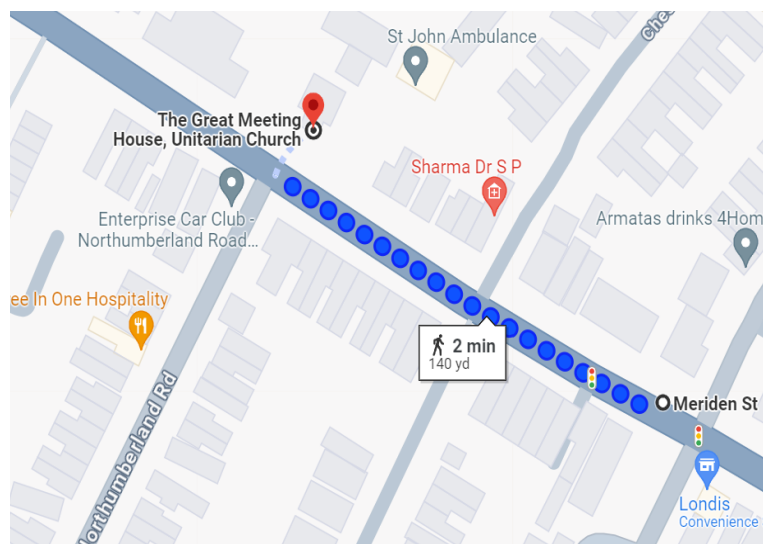
116 Holyhead Road, CV1 3AE

Phone: 02476 267919

| Title | Day and Time | Cost | Key |
|--|----------------------|---------|---|
| Greyfriars Arts and Recreation | Friday 7pm - 9.30pm | £1 - £3 |  |
| Weekly arts talks, plus walks & theatre trips. | | | |
| Coventry Art Guild | Wednesdays 7pm - 9pm | |  |
| Designed for anyone interest in drawing and painting. All abilities welcome; self-guided. | | | |

**Bus Routes: 7 / 8 /
7C / 82 / X1**

**Bus Stop: Meriden
Street**



**It costs us about £2 to print & post each Activity Guide.
Any donations help us make sure they are up-to-date.**

Any donation is much appreciated!

**To donate you can:
hopecoventry.org.uk/donate/**

**Send a cheque to payable to:
“HOPE Coventry”
The Halo Centre, Progress Way, Binley
Coventry CV3 2NT.**



**We are here to support you.
If you have questions or concerns
contact Good Neighbours Coventry:**

Phone: 07563 902 904

Email: goodneighbours@hopecoventry.org.uk

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hopecoventry.org.uk/good-neighbours**