

**We are here to support you. If you have questions or concerns, or find errors in this information, please contact Good Neighbours Coventry:**

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Building partnerships  
Speaking out  
Giving hope

# Bereavement Groups Guide



This guide contains a list of local Coventry groups that provide support for people who are experiencing bereavement.

Groups are held in informal settings and offer the chance to come together and support one another.



## **The Compassionate Friends**

Support for people whose children have died (at any age).

0345 123 2304 (local rate), daily 10am-4pm & 7pm-10pm or [helpline@tcf.org.uk](mailto:helpline@tcf.org.uk)

Listening/helpline volunteers are all bereaved parents.

Grief companions (befriending) for recently bereaved parents. Support group in Solihull and online.

## **Pet Loss support**

The Blue Cross can help you cope with the loss of a pet, from death, enforced separation or theft. Free confidential helpline 0800 096 6606 (8.30am - 8.30pm daily), daily webchat with trained volunteers, and Facebook group.

[www.bluecross.org.uk/pet-loss-support](http://www.bluecross.org.uk/pet-loss-support)

## Child Bereavement Coventry

A safe environment to support grieving parents and family members who have lost their child at any age.

Share your experience and coping mechanisms with people that try to deal with the traumatising event that goes against everything we know about the circle of life.

On 1st and 3rd Wednesdays of the month:

**1st Wednesday 11am – 1pm**

**3rd Wednesday 6pm—8pm**

<b><u>Where</u></b>	<b><u>Contact</u></b>
Cheylesmore Community Centre CV3 5JL	<b>07876 204193</b>

## Contents

Groups in Binley, Wyken, Henley Green...	4
Groups in Cheylesmore & Tile Hill.....	5
City centre & Warwickshire groups.....	6
Chapelfields All Souls .....	7
St Andrew's Eastern Green.....	8
All Saints Allesley .....	9
Women's bereavement group.....	10
Oasis Grief Café.....	11
Suicide Bereavement support group.....	12
Complex loss support .....	12
Phone lines & self-care .....	13
Child loss groups .....	14 & 15
Pet loss support .....	15

*The details in this guide were last checked in July 2025*

## Bereavement Point sessions

Run by Compassionate Communities: A place where your grief is welcome.

**1st & 3rd Tuesday of the month 10am–11.30am** at John White Community Centre, Grange Avenue, Binley **CV3 2ED**

**Fortnightly Wednesdays 10.30am–12.30pm** at Wyken Community Centre, Westmoreland Rd, Wyken, Coventry **CV2 5BP**

**Fortnightly Wednesdays from 12.30pm–2.30pm** at Moat House Community Centre, Winston Ave, Wood End, Coventry **CV2 1EA**

No need to book – simply come along.

### Contact

**02476 965833 or 07500 782658**

**compassionatecw@uhcw.nhs.uk**

## Recommended Organisations

In-person, Zoom, or telephone counselling (approx. £30 donation per session, waived or reduced if needed) – The Light House, Ball Hill CV2 4FJ (**02476 440 095**)

Free telephone listening service (also offers optional spiritual support) – Premier Lifeline (**0300 111 0101**) 9am–5pm Monday to Friday. Express your concerns, discuss your uncertainties and work through your problems.

Cruse Bereavement Support on **0808 808 1677** or **cruse.org.uk**

The British Psychological Society also has a leaflet on grief and how to care for yourself when you have been bereaved:

[tinyurl.com/bereavementbps](https://tinyurl.com/bereavementbps)

## Suicide Bereavement Support

The Violet Project offers online and face-to-face support for those affected by suicide loss. There is a monthly online peer-led session on the **4th Tuesday of the month, 7pm – 8.30pm**. A city centre session is on the **2nd Tuesday of every month 7pm – 8.30pm in CV1**. To join, or for wider support, call 03301 33 32 31.

## Care for the Family

CFF offer group and 1:1 telephone peer support for specific bereavements such as losing your child at any age; losing your adult sibling; being widowed young (under 50). Call 029 2081 0800 or see [www.careforthefamily.org.uk](http://www.careforthefamily.org.uk)

## Cheylesmore Bereavement Support

Meets fortnightly on Fridays, **10.30am to 12.30pm** at Cheylesmore Community Centre (CV3 5JL). It is organised by Bereavement Point & is open to all adults. Call the administrator on 02476 502226.

## Friendship Group for Bereaved People (Tile Hill)

Friendly group offering support and friendship to anyone who has experienced loss or bereavement.

Meets at Tile Hill Library, Jardine Crescent CV4 9PL on the **1st Thursday of the month, 11am – 12.30pm**. Phone **07385 427042** or **07442 932505** [compassionatecw@uhcw.nhs.uk](mailto:compassionatecw@uhcw.nhs.uk) or just turn up.

## Bereavement Cafés

Bereavement cafes meet monthly for an hour across Coventry & Warwickshire. Locations include Kenilworth & Solihull.

In Coventry City Centre, they meet in the Burbidge Gallery at the Belgrade Theatre on the **last Friday of the month 11am – 12pm.**

To confirm dates of these groups, email [tracey@survivingbereavement.com](mailto:tracey@survivingbereavement.com) or call her on 07918 191560.

[survivingbereavement.com/bereavement-cafes/](http://survivingbereavement.com/bereavement-cafes/)

## Oasis Grief Cafe

The café is a safe place where people can be with others going through similar feelings of grief, chat to the team member, or simply enjoy a cup of tea or coffee with the group. Free and includes refreshments. Aimed at those struggling after losing a loved one.

**2nd & 4th Wednesdays of the month  
1pm—2.30pm**

<u>Where</u>	<u>Contact</u>
Coventry City Mission, Deedmore Road, Wood End, CV2 2AA	024 7661 5931 <a href="mailto:office@covcitymission.org.uk">office@covcitymission.org.uk</a>

## The Jewels Women's Group

The Jewels is a safe, welcoming space for widows and single mothers, women carers or those with long-term illness, and women experiencing bereavement challenges and loss. Emotional & spiritual support, peer support, encouragement & empowerment to navigate your journey.

Complete the joining form: **forms.gle/CsuhbZfiknxX8Gv97** or 07759 224 719

Meets **alternate Thursdays 11am–1pm** based at Pathways Family Hub, Lawrence Saunders Rd, Radford CV6 1HD

They also offer ongoing online support through WhatsApp and Zoom.

[silasmkobafoundation.org.uk](http://silasmkobafoundation.org.uk)

## All Souls Bereavement Group

A friendly social group to give those who have been bereaved the opportunity to talk about their loss in a safe setting over tea and biscuits.

**Meets on the 3rd Monday of the month, 2pm – 3pm.**

<u>Where</u>	<u>Contact</u>
All Souls Church, Hearsall Common, Chapelfields, <b>CV5 8DX</b>	<b>02476 674 161</b>
<u>Bus routes</u>	<b>2, 6/6A, 11, 14</b>

## St Andrew's Eastern Green

This group is for those who have been recently bereaved to offer a chance to come together and support each other. It is a small gathering in an informal setting.

Join us for tea, biscuits and a chat from **10.30am – 12pm on the second and fourth Tuesdays in the month**, but **not** in August.

To attend, contact by phone for further information.

<u>Where and When</u>	<u>Contact</u>
St Andrews Church, Upper Eastern Green Ln, <b>CV5 7BX</b>	<b>07958 322026</b> (Sue) <b>02476 467097</b> (Lynette)
<u>Bus routes</u>	<b>14, X1, 6</b>

## All Saints Allesley

A group of people who have been through bereavement meet for a coffee and to support and care for each other.

Meeting at All Saints Church, Rectory Lane, Allesley, CV5 9EQ on **Fridays weekly, 10.30am–11.30am.**

**024 7640 2006 /**  
[admin@allesleychurch.org.uk](mailto:admin@allesleychurch.org.uk)