Good Neighbours Coventry Activity Guide

Groups for over 50s in the CV3 area

Binley, Cheylesmore,
Finham,
Stoke Aldermoor,
Styvechale, Willenhall



Giving hope



Are you over 50? These Activity Guides from Good Neighbours Coventry help you find social groups for you.

If you'd like a different guide:

- for another area in CV1-CV6,
 - groups for men,
 - groups for women,
- groups for people living with dementia,
- groups for people who've been bereaved,
- or you need advice on the right group to suit you get in touch.

Activity details change all the time, so contact the groups before attending. If you find an error, let us know.

Good Neighbours Coventry was set up by the charity **HOPE Coventry** in 2016. If you're interested in our befriending project, get in touch:

goodneighbours@hopecoventry.org.uk
07563 902904
hopecoventry.org.uk

Guide revised November 2023

Binley

John White Community Centre

Grange Ave CV3 2ED

Phone: 024 7644 0295

Email: reception@jwcc.org.uk

Title	Day and Time	Cost	Key
Zumba	Monday 6:30pm	£5	XXX

Ring 07721 064998 to book			
Evergreens Bingo	Tuesday 12pm - 2pm		WBINGON X X X X X X X X X X X X X X X X X X X
	Wednesday		
Crochet	6:30pm - 8:30pm	C2 00	
Group	Thursday	£3.80	
	10am - 12pm		

Natalie: hookycrochet1808@gmail.com

Bus Routes:

13 / 60

Bus Stop:

William Mckee Close



Binley

John White Community Centre

Grange Ave CV3 2ED

Phone: 024 7644 0295

Email: reception@jwcc.org.uk

Title	Day and Time	Cost	Key
Jerry's	Wednesday 10:45am - 12:15pm	Free	

Social group for over 55s with cards and bowls.

Evergreen Bowls

Thursday 10am - 12noon



Bus Routes:

13/60

Bus Stop:

William Mckee Close





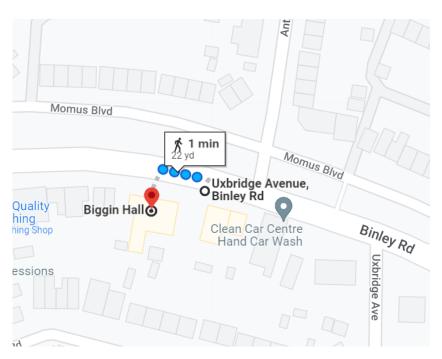
Title	Day and Time	Cost	Key
Bingo	Wednesday 3pm	Varies	BINGON XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

Bus Routes:

13 / 13A / 85 / 85B /

86 / 86RDW /

Bus Stop: Uxbridge Avenue,



Binley Woods

Binley Woods Village Hall

102 Rugby Road

CV3 2AX

binleywoodsvillagehall@yahoo.co.uk

Title	Day and Time	Cost	Key
Coffee & Chat	Community Centre Café Thursday 2pm - 4pm	Free	27

Meet, talk and enjoy new company. Different theme each week.

Knit & Monday 10am - 12pm
Natter

Free

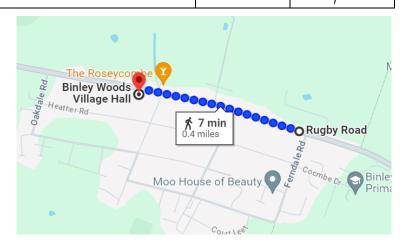


Bus Routes:

13/3/86/

Bus Stop:

Rugby Road



Binley Woods Village Hall 102 Rugby Road CV3 2AX binleywoodsvillagehall@yahoo.co.uk Title Day and Time Cost Key

Friendly group who organize interesting and varied events for members to enjoy

1st Wednesday of the

month at 2pm

Bus Routes:

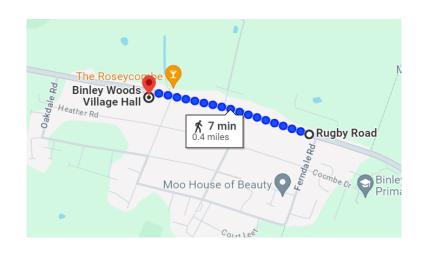
13/3/86/

WI

Group

Bus Stop:

Rugby Road



Free

Cheylesmore Social Club

Quinton Park

CV3 5PZ

Phone: 024 7650 1275 / 024 7650 3674

john.costello@btconnect.com

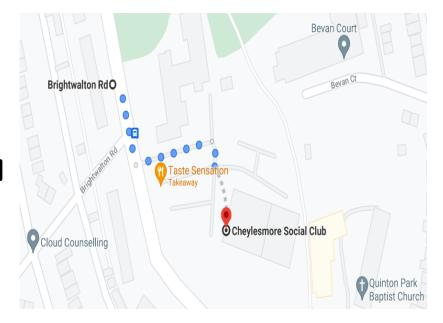
Title	Day and Time	Cost	Key
Bingo	Sunday 1pm & 9pm	Maniaa	MRINGO☆
	Monday 1:30pm		
	Wednesday 8:45pm	Varies	
	Friday 8:30pm		

Bus Routes:

17/17A

Bus Stop:

Brightwalton Road



Quinton Park Baptist Church

Quinton Park CV3 5PZ

Phone: 024 7650 2376

churchoffice@quintonparkbaptistchurch.org.uk

Title	Day and Time	Cost	Key
Sewcialise Sewing Group	2nd and 4th Tuesday each month 7pm - 9pm	£5	

Patchwork and quilting group contact: Karen.cottle@sky.com

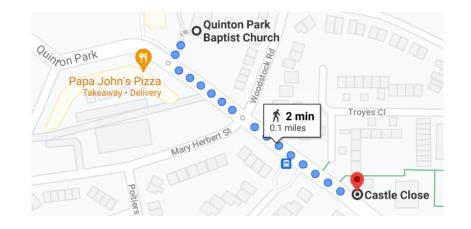
Philharmonic	Thursday	Yearly	
Choir	7:30pm - 9:30pm	Subs	
Warm Welcome	Tuesday 2pm - 5pm	Free	67

A warm safe space to chat, have a cuppa and a meal

Bus Routes:

17 / 17A / 60

Bus Stop:



Quinton Park Baptist Church

Quinton Park CV3 5PZ

Phone: 024 7650 2376

churchoffice@quintonparkbaptistchurch.org.uk

Title	Day and Time	Cost	Key
Ladies	2nd and 4th Tuesday		A A
	of each month		
Circle	10am - 12:00pm		

Ladies Circle group contact: denise.galvin@yahoo.co.uk

Coffee & Chat

Wednesday 10am - 12:00pm

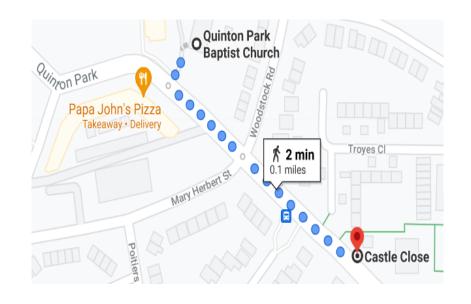
Free



Bus Routes:

17 / 17A / 60

Bus Stop:



Quinton Park Baptist Church

Quinton Park CV3 5PZ

Phone: 024 7650 2376

churchoffice@quintonparkbaptistchurch.org.uk

Title	Day and Time	Cost	Key
Zumba Gold	Monday 10:30am - 11:30am	£4.50	

Age 55+ Contact Kimberley on 07890 311182

	Monday	
Pilates	Beginners 6pm - 7pm	£5.50
	Intermediate 7pm - 8pm	

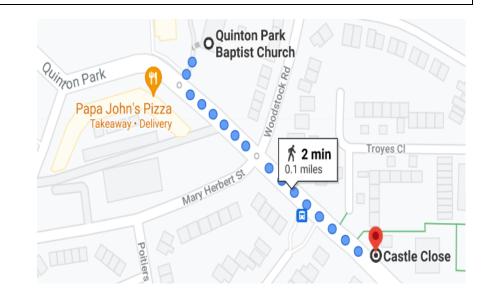


Contact Kimberley on 07890 311182 Contact Linda on 07790 942336

Bus Routes:

17 / 17A / 60

Bus Stop:



Quinton Park Baptist Church

Quinton Park CV3 5PZ

Phone: 024 7650 2376

churchoffice@quintonparkbaptistchurch.org.uk

Title	Day and Time	Cost	Key
Sewing Group	Wednesday 10am -1pm	£5	
Cheylesmore Good Neighbours	Alternate Fridays 1pm - 4pm	£2	

Interesting talks followed by tea and chat Contact Frances 07787 597467 or fmfielding@hotmail.com

Bus Routes:

17/17A/60

Bus Stop:



Cheylesmore Library inside the Community Centre Poitiers Road CV3 5JX Phone: 02476 786 966

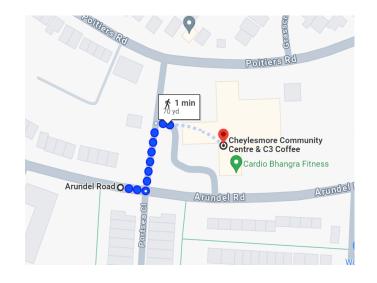
Title	Day and Time	Cost	Key
Reading Group	2nd Friday each month 2:30pm	Free	
Laugh, Tea & Chat	Thursday 10:30am - 12pm	£2	

Email: library@cheylesmorecentre.co.uk

A warm and friendly space with refreshments

Bus Routes: 17 / 17A / 60

Bus Stop: Arundel Road



Cheylesmore Community Centre

Poitiers Road

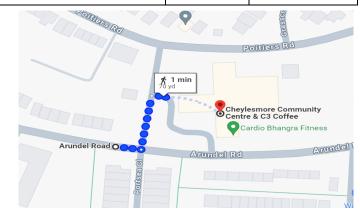
CV3 5JX

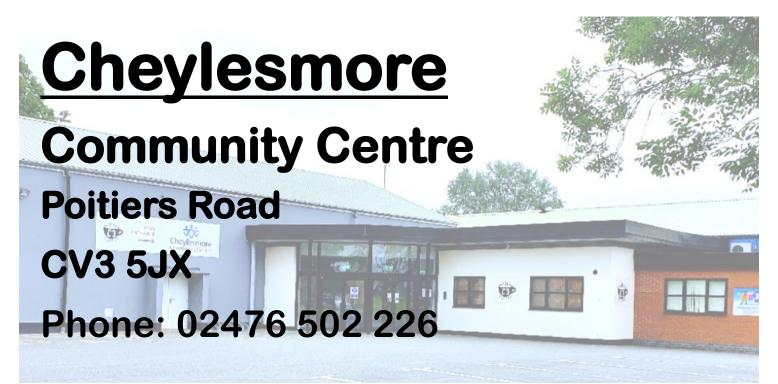
Phone: 02476 502 226



Bus Routes: 17 / 17A / 60

Bus Stop: Arundel Road





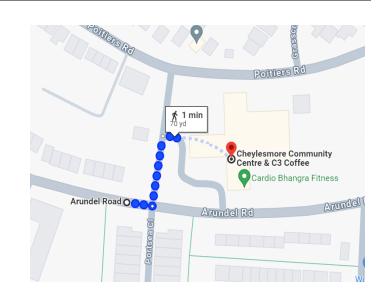
Title	Day and Time	Cost	Key
Tai Chi For Health	Wednesday 6pm - 7:30pm	£5	

Low impact activity. Phone Korman: 0784 9345757

Email: kormanfong@gmail.com

Bus Routes: 17 / 17A / 60

Bus Stop: Arundel Road



Christ Church

7 Frankpledge Road

CV3 5GT

Phone: 02476 502770

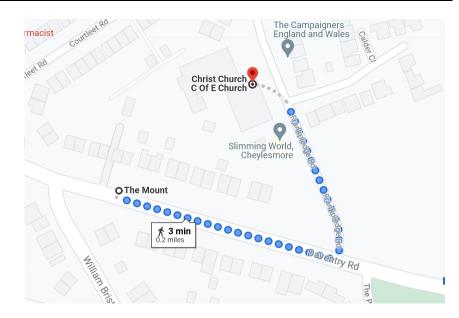
Title	Day and Time	Cost	Key
Art Group	Tuesdays 2pm - 4pm	Free	
Tea and Chat	Thursdays 2pm - 3pm	Free	27
Lunch at Christ	Wednesdays 12:30pm - 2:30pm	£5	

Bus Routes:

7/21

Bus Stop: The

Mount



War Memorial Park

The Visitors Centre

Kenilworth Road CV3 6PT

Phone: 024 7697 7770

Email: WarMemorialPark@coventry.gov.uk

Title	Day and Time	Cost	Key
Over 60s exercise	Tuesdays 10:30am - 12pm		A
Craft Group (Coventry Spires U3A)	10:30am - 12:30pm 2nd Monday of the month Bring a craft along!	Small fee	

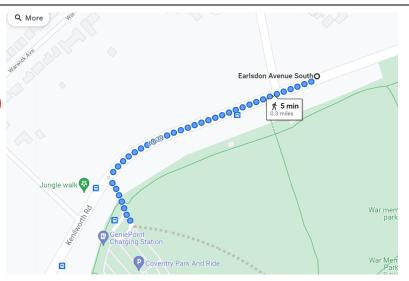
Contact: Lynne on 07788 487 585 lynnecrisp@ymail.com

Bus routes: 12X / 87

/ U1 / U17 / X17 / 19

Bus stop: Earlsdon

Avenue South



War Memorial Park

The Visitors Centre

Kenilworth Road, CV3 6PT

Phone: 024 7697 7770

Email: WarMemorialPark@coventry.gov.uk

Title	Day and Time	Cost	Key
Walking Group	Fridays 11am - 12:30pm	Free	

Organised by EKTA Unity

Email - info@ekta-unity.org

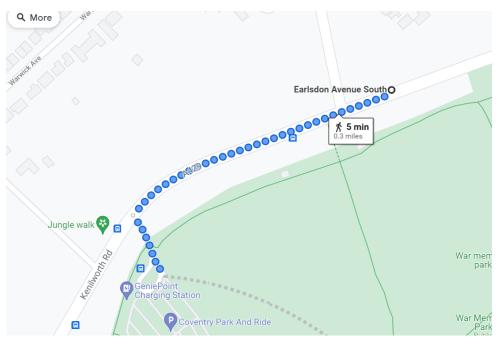
Bus routes:

12X / 87 / U1 /

U17/X17/19

Bus stop:

Earlsdon Avenue South



Finham

St Martin's in the Field

136 Green Lane, CV3 6EA

Phone: 024 7669 2358

Title	Day and Time	Cost	Key
Senior Citizens Group	Every Monday, 2pm - 4pm	£2	

Talks, chat and activities. Ring the Organiser on 024 7641 9408

Email rosemarymccarthy@hotmail.co.uk

Aaomiloh	Tuesday	Free	
Ladies Group	10am - 12pm		
Finham's Mens	Tuesday	Free	
Social Group	1pm - 2:30pm		

For men aged 50+ ran by Good Neighbours Coventry. Talks, chat and cake, in a supportive environment.

Email dave@hopecoventry.org.uk 07715 405111 - or just come along!

Bus Routes: 9

Bus Stop: Green

Lane / Finham Park

School



Finham

Woodside Ave Methodist Church

Woodside Avenue South, CV3 6BE

Phone: 024 7630 7539

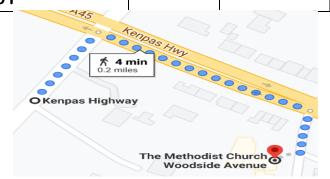
Email: ken.holmes@live.co.uk

Title	Day and Time	Cost	Key
City of	Wednesdays	£10	7.5
Coventry Male	7:15pm - 9:30pm	per	
Voice Choir	Contact: 01926 853 867	month	ניני)י)
Meet New	1st and 3rd Thursday of	Free	
Friends	the month 10am -11:30am		
Woodside	2nd and 4th Tuesday	Free	The same
Fellowship	of the month 2:30pm		
Memory Lane	fortnightly Tuesdays	£2	83
By Good	10:30am -12pm		12-31
Neighbours	carol@hopecoventry.org.uk / 07552 496661		, (

Bus Routes: 9 / 19 / 12X /

U12/X17

Bus Stop: Kenpas Highway



Finham

Finham Library

Finham Green Road, CV3 6EP

Phone: 02476 786 974

Email: finhamlib250@gmail.com

Day and Time	Cost	Key
Thursdays	£1 plus	
2pm	refreshments	
Tuesday	First 4	age .
1:45pm	sessions free	
	then £3	
exercises which in	cludes refreshi	ments
2nd Wednesday	£7.50	
of the month		
10am - 12pm		
	Thursdays 2pm Tuesday 1:45pm exercises which in 2nd Wednesday of the month	Thursdays 2pm refreshments Tuesday First 4 1:45pm sessions free then £3 exercises which includes refreshments 2nd Wednesday £7.50 of the month

Book a space. Includes all materials and refreshments

Bus Routes: 9 / 24 / 25A

Bus Stop: St Martins

Road



Stoke Aldermoor

The Alan Higgs Centre Allard Way CV3 1HW

Phone: 024 7630 8244

Title	Day and Time	Cost	Key
Macmillan	Friday	Free	
Walking	10am		
Football			

Run by Sky Blues in the Community.

Phone: 024 7610 0525 Email: sbitc@sbitc.org.uk

Walking	Tuesday	Free
Rugby	10:30am - 12pm	



Run by Coventry Rugby Club. Phone: 024 7623 1001

Email: community@coventryrugby.co.uk

Bus Routes: 3

Stop: Jasmine Grove



Stoke Aldermoor

St Catherine's Church

Acorn Street, CV3 1DQ

Phone: 02477 712 177

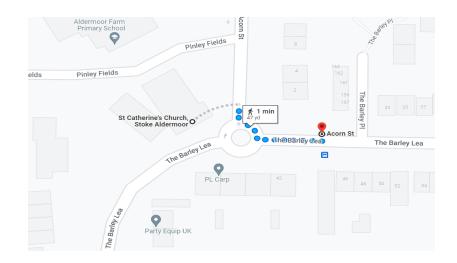
Email: officestcaths@gmail.com

Title	Day and Time	Cost	Key
Afternoon	Alternate	Free	و ؟
Tea	Thursday's		
	2pm - 4pm		

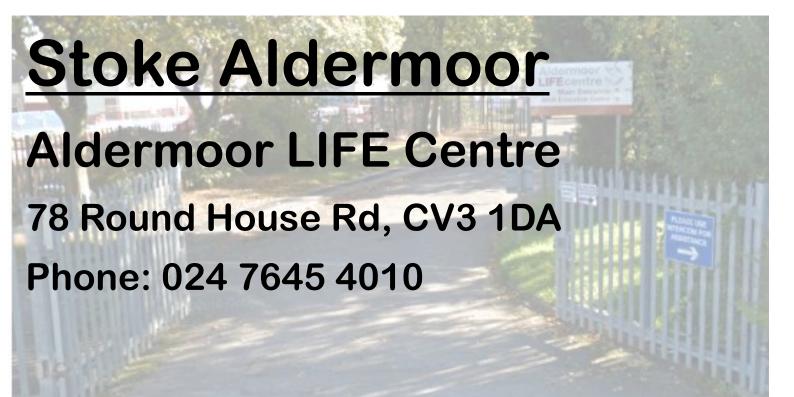
Bus Routes: 3

Stop: Acorn

Street



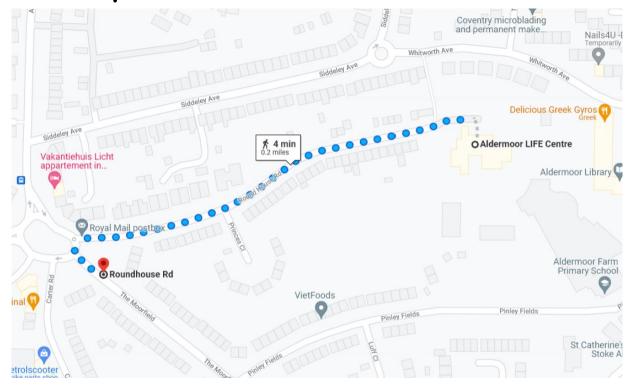
St.Catherine's Church

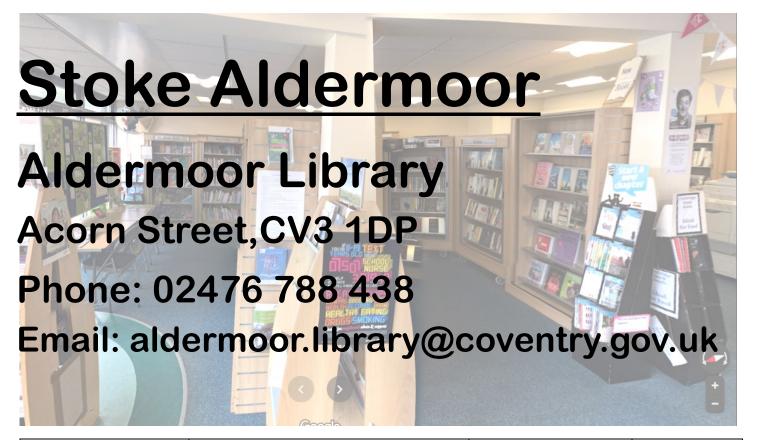


Title	Day and Time	Cost	Key
Pinley Over 60s Club	Every Thursday, 12:45pm - 2:45pm	Varies (about £5)	BINGOS X X X X X X X X X X
A variety of activities, including bingo and carveries			

Bus Routes: 3

Bus Stop: Roundhouse Road



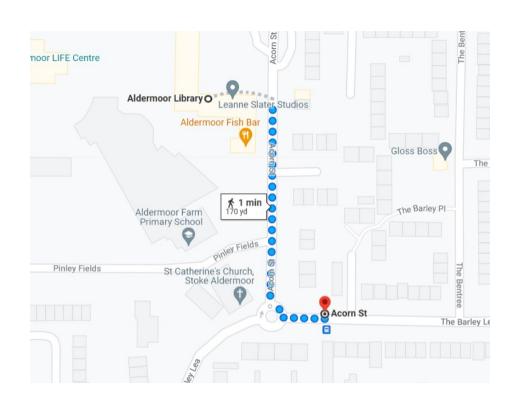


Title	Day and Time	Cost	Key
Friendship Group	1st Thursday of the Month, 2-3pm	Free	

Bus Routes: 3

Bus Stop:

Acorn Street



Stoke Aldermoor

Coventry & North Warwickshire Sports Club

Binley Road CV3 1HB

Phone: 02476 451426

i ilolic.	72410 401420			
Title	Day and Time	Cost	Key	
Bridge Club	Tuesday 6:50pm			
	Must book: www.bridgewebs.com	/cnwbc	1	
	Contact: margaretannridgway@gn	nail.com		
Sporting	Last Friday of each month	£2		
Memories	11:30am - 1:30pm			
Book: nblundell@cvlife.co.uk Various events and speakers				
Learn	Sunday 2pm	£3.50-£5	• • •	
Bridge				

Phone Mike: 024 7669 0700 Email: cnwbc@bridgewedsemail.com

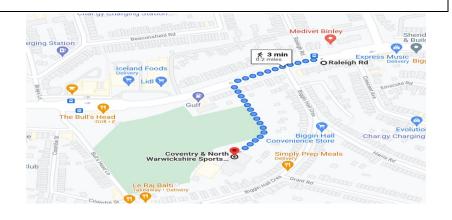
Bus Stop:

Raleigh Road

Bus Routes: 13 /

13A / 74 / 74A /

74B / 85 / 85B / 86



St James at The Grange

Lonscale Drive

CV3 6QR

Phone: 024 7669 2299

Email: office@stjame.es

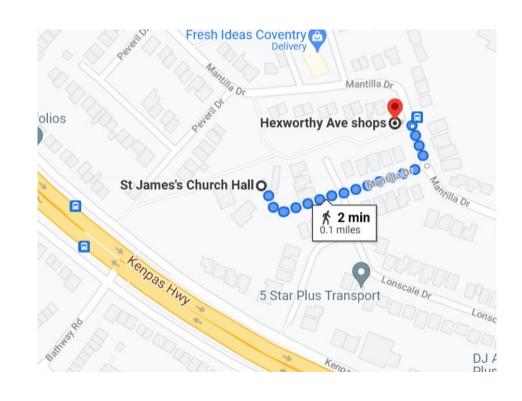
Title	Day and Time	Cost	Key
Book Club	3rd Friday of the Month	Free	60
	1:30pm		

Bus Routes: 9

Bus Stop:

Hexworth

Avenue Shops



St James' Church Community Hall

Knoll Drive, CV3 5BT

Phone: 024 7669 2299

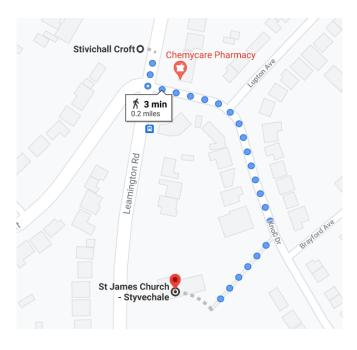
Email: office@stjame.es

Title	Day and Time	Cost	Key
Community	Tuesday and Thursday		69
Coffee	10am - 12pm		
Morning			
Create	Last Friday of the month	£5	
	7:30pm		ШШ
	Learn new crafts		

Bus Routes: 9 / 9A / 9S / 17 / 17A / 24 / 25 / 25A

Bus Stop: Stivichall

Croft



Baginton Road UR Church

Baginton Road, CV3 6FP

Phone: 02476 419 927

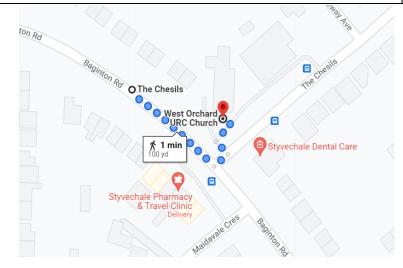
Email: westorchardurc@yahoo.co.uk

Title	Day and Time	Cost	Key
Coffee Morning	10am -11am Tuesday and Thursday	Free	e?
Sing Your Heart Out	1st and 3rd Tuesday of the month 1:30pm-3pm	Free	
To re	egister call Mick on 07751	356587	
Lunch Club	Thursday Lunchtime		
Call ahead - places are limited			

Bus route:

9 / 17 / 17A / 60 / 61

Bus stop: The Chesils



Baginton Road UR Church

Baginton Road CV3 6FP

Phone: 02476 419 927

Email: westorchardurc@yahoo.co.uk

Title	Day and Time	Cost	Key
Tea Dance	2nd Friday of the Month	Small charge	李
Move It Or Lose It	Friday 9:30am - 11am	£5	

gentle exercise

Contact Peter Kimberly to register on 07581710348

Bus route:

9/17/17A/60/

61

Bus stop:

The Chesils



Baginton UR Church

Baginton Road

Styvechale CV3 6FP

Phone: 02476 419 927

Email: westorchardurc@yahoo.co.uk

Title	Day and Time	Cost	Key
Making	Fourth Monday		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Mondays	of the month		
	1:30pm - 3:30pm		
Craft group - bring a pencil + scissors			
Coventry	Horticultural Society	£2	
Garden	2nd Wednesday of	each visit	
Club	each month at 2pm	Guest £5	
		each visit	

Contact: glenduggins@outlook.com £20 yearly membership

Bus route: 9 / 17 / 17A / 60 / 61

Bus stop: The Chesils



Willenhall

Hagard Community Centre

Remembrance Road, CV3 3DG

Phone: 024 7630 3947 or

Email: emma@weetc.org.uk

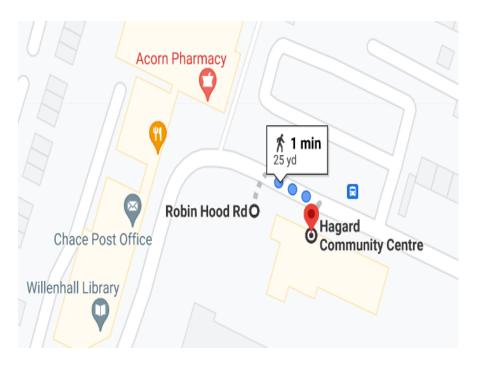
Title	Day and Time	Cost	Key
Eric's Cafe	Tuesday - Friday 9am-1pm	£2	
Free	Saturday	Free	
Breakfast Club	10am-12pm		

Bus Routes: 60 /

21 / 13 / 13A

Bus Stop: Robin

Hood Road



Willenhall

Hagard Community Centre

Remembrance Road

CV3 3DG

Phone: 024 7630 3947

Email: emma@weetc.org.uk

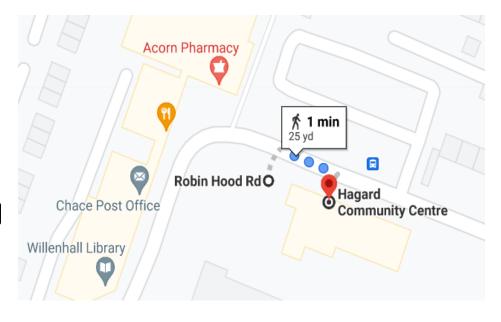
Title	Day and Time	Cost	Key
Line Dancing	Monday 1pm - 3pm	£2	李蓉
Craft Group	Friday 1pm - 3pm	£2	
Bowling for the Visually	Wednesday and Friday 10am - 12pm		

Bus Routes:

60 / 21 / 13 / 13A

Bus Stop:

Robin Hood Rd





Craft group. Open to all.

Bus Routes: 60 /

21 / 13 / 13A

Bus Stop: Robin

Hood Road



Willenhall

St John the Divine

St John the Divine Robin Hood Road, CV3 3AY

Phone: 02476 303 266

Email: stjohnthedivine@hotmail.co.uk

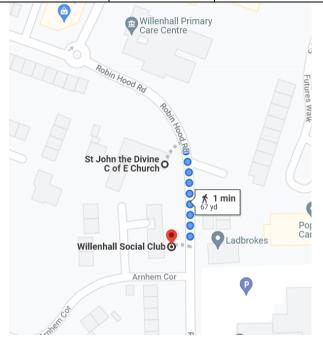
Title	Day and Time	Cost	Key
Community Choir	Thursdays 7pm	Free	
Women of Willenhall	Thursday 9:30am	Free	
Breakfast and Bargains	1st Friday of the month 9am - 11am	Low	

Bus Routes: 13 / 13A /

21 / 60

Bus Stop: Robin Hood

Road



Varying locations

Usually at members houses, search 'NWR Coventry' on Google or go to www.nwr.org.uk and use the 'Find your Local Group' search box.

Title	Day and Time	Cost	Key
National	Usually first Monday of the		FMPOWERED
Women's	month at 7.30pm		WOMEN EMPOWER
Register			WOMEN

Friendly women aged 50-70 who meet up and sometimes go on day trips.



It costs us about £2 to print & post each Activity Guide. Any donations help us make sure they are up-to-date.

Any donation is much appreciated!

To donate you can:

hopecoventry.org.uk/donate/

Send a cheque to payable to:

"HOPE Coventry"

The Halo Centre, Progress Way, Binley
Coventry CV3 2NT.



We are here to support you.

If you have questions or concerns contact Good Neighbours Coventry:

07563 902 904

goodneighbours@hopecoventry.org.uk

facebook.com/goodneighbourscoventry hopecoventry.org.uk/good-neighbours