

**We are here to support you. If you have questions or concerns, please contact Good Neighbours Coventry:**

**Telephone:** 07563 902 904

**Email:**

[goodneighbours@hopecoventry.org.uk](mailto:goodneighbours@hopecoventry.org.uk)

**Website:** [fb.com/goodneighbourscoventry](https://fb.com/goodneighbourscoventry)

[hopecoventry.org.uk/good-neighbours](https://hopecoventry.org.uk/good-neighbours)



Building partnerships  
Speaking out  
Giving hope

# Bereavement Groups Guide



This guide contains a list of local Coventry groups that provide support for people who are experiencing bereavement.

Groups are held in informal settings and offer the chance to come together and support one another.



## Recommended Organisations

We can recommend contacting the following organisations:

In-person counselling – The Light House  
**(02476 440 095)**

Telephone help – Premier Lifeline **(0300 111 0101)** 9am–5pm Monday to Friday.

Cruse Bereavement Support on **0808 808 1677** or **cruse.org.uk**

The British Psychological Society also has a leaflet on how to care for yourself at this tricky time: [tinyurl.com/bereavementbps](https://tinyurl.com/bereavementbps)

## Bereavement Point sessions

Run by Compassionate Communities: A place where your grief is welcome.

**2nd Tuesday of the month 10:30am-12pm**  
at United Reformed Church, 397 Old Church Road, Foleshill **CV6 7DT**

**4th Wednesday of the month 10:30am-12pm** at Faith Centre, University Hospital, Clifford Bridge Road, **CV2 2DX**

**Fortnightly Wednesdays from 6th of July 2022 10.30am-12.30pm** at Moat House Community Centre, Winston Ave, Wood End, Coventry **CV2 1EA**

No need to book - simply come along.

<b><u>Where and When</u></b>	<b><u>Contact</u></b>
Varies (see above)	<b>02476 965833</b> or <b>07500 782658</b>

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*The details in this guide were last checked in July 2023*

## MMD Bereavement Support

MMD Bereavement Support Group meets every Wednesday at 7pm in Coundon. It is an informal support group. If you would like to attend, please send an email to [mmdbereavement@gmail.com](mailto:mmdbereavement@gmail.com) or contact Sheila on 07961 927527 and you will be given details of the venue.

## Cheylesmore Bereavement Support Group

This group meets fortnightly on Fridays, 10.30am to 12.00 noon at Cheylesmore Community Centre (CV3 5JX). It is organised by the Department for Spiritual Care at UHCW and is open to all adults. You can contact the administrator on 02476 502226.

## All Saints Allesley

A group of people who have themselves been through bereavement meet for a coffee morning and an opportunity to support and care for each other.

<b><u>Where and When</u></b>	<b><u>Contact</u></b>
All Saints Church, Allesley, Rectory Ln, Allesley <b>CV5 9EQ</b> <b>Friday at 10:30am</b>	Email: <b>allesleychurch@ gmail.com</b> or <b>02476 402006</b>

## St Andrews Eastern Green

This group is specifically for the benefit of those who have been recently bereaved to offer a chance to come together and support each other. It is a small gathering in an informal setting.

Join us for tea, biscuits and a chat from 11.30am to 1.00pm on the second and fourth Tuesdays in the month, but not in August.

If you would like to attend, please contact either 07958 322026 (Sue) or 02476 467097 (Lynette) for further information.

<b><u>Where and When</u></b>	<b><u>Contact</u></b>
St Andrews Church, Upper Eastern Green Ln, <b>CV5 7BX</b>	<b>07588 576351</b>
<b><u>Bus routes</u></b>	<b>14, X1, 6</b>

## Suicide Bereavement Support Group

The Violet Project offers both online and face-to-face support for those who are affected by suicide loss. There is a monthly online peer-led session on the 4th Tuesday of the month, 7.00-8.30pm and a face-to-face session on the 2nd Tuesday of every month in the CV1 area. For more information call 07934 775753.



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## Bereavement Café Dates and Locations

Bereavement cafes meet monthly for an hour across Coventry & Warwickshire.

Locations include Balsall Common, Coventry city centre, Kenilworth, Solihull, and Leamington Spa.

To confirm latest meeting dates of these groups, please email [tracey@survivingbereavement.com](mailto:tracey@survivingbereavement.com) or call her on 07918 191560.

[survivingbereavement.com/bereavement-cafes/](https://survivingbereavement.com/bereavement-cafes/)

[tinyurl.com/bereavegrp2024Cov](https://tinyurl.com/bereavegrp2024Cov)

## All Souls Bereavement Group

A new lovely, friendly, social group to give those who have been bereaved the opportunity to talk about their loss in a safe setting over tea and biscuits

On the 1st Monday of the month  
- please contact 02476 674 161 to confirm exact dates and timings

<b><u>Where and When</u></b>	<b><u>Contact</u></b>
All Souls church, Hearsall Common, Chapelfields , <b>CV5 8DX</b>  <b>1st Monday of the month</b>	(024)76674161
<b><u>Bus routes</u></b>	<b>2, 6/6A, 11, 14</b>